

# Concerned about insurance coverage and Neurofeedback?



Consider this...

- What have you spent so far on your treatment?
- What will you spend to meet your deductible?
- Is this an ongoing cost that will be repeated annually?

Did you know [Asheville Brain Training](#) is more affordable than you may think?

- Ours is a one-time expense, not to be repeated annually
- We offer an affordable no interest 14-month payment plan
- We offer another way to potentially save you time and money on future medical expenses by actually addressing the root cause.

## Median Insurance Information

The average deductible for 2017 bronze plans marks the first time this average has crossed the \$6,000 threshold. Compared to 2016's average of \$5,731, the 2017 average bronze plan deductible for individuals is 6% higher (\$6,092). For families enrolled in bronze plans, the average deductible is over \$12,000 in 2017.



Cost-Sharing Category	2017 Avg. for Individuals	2017 Avg. for Families
Deductible (Medical)	\$6,092	\$12,393
Max Out-of-Pocket Costs	\$6,904	\$13,810

The total cost at Asheville Brain Training is often LESS than an individual's annual deductible.

## Examples of Extent of Insurance Coverage for ADHD:

33% estimated that their plan covered 50% or less of their costs for ADHD diagnosis, treatment, and medications. About 8% said it covered none of these costs

16% said the medications they take are not covered by their health insurance

More than 50% said they had been limited by insurance in taking the medication they wanted

On average, respondents said they had to pay \$2,199 for their deductible before their health plans would cover expenses

### Out-of-Pocket Costs

On average, respondents with a child (or children) with ADHD estimated the following out-of-pocket costs:

\$2,684 — ADHD evaluations and diagnoses (one-time)

\$2,125 — Ongoing appointments for treatment (annual)

\$935 — ADHD medications (annual)

On average, respondents who had expenses for themselves or another adult with ADHD estimated the following out-of-pocket costs:

\$1,689 — ADHD evaluations and diagnoses (one-time)

\$1,493 — Ongoing appointments for treatment (annual)

\$735 — ADHD medications (annual)

On average, respondents estimated \$3,509 in annual expenses for “non-medical” costs that they associated with ADHD care, such as vitamins or supplements; gadgets or apps; private school or tutors; social skills groups; or ADHD coaching

Sources:

<https://www.healthpocket.com/healthcare-research/infostat/2017-obamacare-premiums-deductibles#.WfisFFtSxdh>

<https://www.additudemag.com/adhd-treatment-costs-struggle-to-afford-meds-therapy/>

**You have a choice:**

**Call us for a free consultation: 828-375-0002**

**Because A Balanced Brain Changes Everything!**